

Music Resources

“Music for the Soul” is a wonderful non-profit organization that produces Christian music to - not only those dealing with grief, but also those who with specific mental health diagnoses. Resources can be ordered from their website: <http://www.musicforthesoul.org/>

Excellent musical CD’s with lyrics to help specifically with grief:

- “The Twenty-third Psalm”-A beautiful and different arrangement of this beloved psalm.
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- “Chaos of the Heart”—Especially for those who are grieving following the suicide of a loved one.
- “Drink Deep”— A beautiful gift for those who are grieving following the death of a loved one.
- “Mercy Great Enough” – Offers hope, connection, and healing for women and men who have carried secret guilt and shame over an abortion decision in their past.
- “It Doesn’t Feel Like Christmas” – For those who are dreading the holidays for any reason.

“Quiet Heart Music” is another wonderful resource with lovely quiet piano arrangements of familiar hymns, worship songs, secular songs, and even classics. Henry Wiens is both the arranger and the artist who plays the arrangements. Resources can be ordered directly from his website: <http://www.quietheartmusic.com/>